



A Family of Trauma-Focused Treatment Centers

For Substance Use, Sex Addiction, Intimacy Disorders and Mental Health



The Integrative Life Network (ILN) is a family of unique and innovative treatment programs. Our organization began with **Integrative Life Center** in Nashville, Tennessee – a nationally recognized treatment center for mental health and addictive disorders, and now also includes **Begin Again Institute**; a 14-day intensive program for men struggling with intimacy disorders, and **Boulder Recovery**; a clinically intensive, Christian 14-day intensive program for men struggling with intimacy disorders.

The thread that weaves our family of centers together is heart-centered, whole-person healing. We believe that a person is not defined by their past traumas or behaviors and that lasting recovery and healing is available to anyone who walks through our doors. Treatment at our centers focuses on:



Trauma Resolution



Community Reintegration



Spiritual & Emotional Wellness



Social Learning



Holistic Healing

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Nashville, TN

Integrative Life Center (ILC) is an intimate, privately owned treatment center in Nashville, Tennessee dually licensed to treat men and women 18-years and older struggling with mental health and addictive disorders. We offer a full continuum of care from Residential through Intensive Outpatient, providing a myriad of treatment modalities tailored to meet the individual needs of each client. ILC also has a dedicated men's residential program for sexual addiction and intimacy disorders.



Berthoud, CO

Begin Again Institute (BAI) is a 14-day residential intensive program designed to treat men, 25-years and older, struggling with sexual addiction and intimacy disorders using Dr. Michael Barta's TINSA® model (Trauma Induced Sexual Addiction). BAI includes a Partner Support Program for betrayed partners of sex addicts that runs simultaneously alongside the men's intensive at no additional cost.



Boulder, CO

Boulder Recovery is a faith-based 14-day intensive program for Christian men who are struggling with problematic sexual behavior. This program uses the TINSA® treatment model (Trauma Induced Sexual Addiction) to treat sexual addiction and intimacy disorders through the lens of Christianity and religious trauma. Boulder Recovery includes a faith-based Partner Support Program that runs simultaneously alongside the men's intensive at no additional cost.

ILC Provides Treatment for:

- » Mood Disorders
- » Anxiety Disorders
- » Intimacy Disorders
- » Attachment Disorders
- » Trauma
- » Eating Disorders
- » Sexual Addiction
- » Substance Use Disorders

BAI Provides Treatment for:

- » Sexual Addiction
- » Pornography Addiction
- » Intimacy Disorders
- » Attachment Disorders
- » Trauma
- » Sexual Compulsivity
- » Love Addiction
- » Infidelity
- » Partner Betrayal Trauma

Boulder Recovery Provides Treatment for:

- » Sexual Addiction
- » Pornography Addiction
- » Intimacy Disorders
- » Attachment Disorders
- » Trauma
- » Sexual Compulsivity
- » Love Addiction
- » Infidelity
- » Partner Betrayal Trauma