



ONE WEEK TRAUMA INTENSIVE

Men's Alumni Intensive for Intimacy Disorders

Begin Again Institute, Integrative Life Center and Boulder Recovery are welcoming our alumni back to beautiful Berthoud, Colorado for an innovative and transformative one-week trauma-focused intensive. This trauma intensive works to target and achieve greater resolution and rapid progress in healing psychological, emotional, and spiritual wounds that have manifested in relational stress and compulsive behaviors.

October 2nd-7th, 2022
Berthoud, Colorado

**After a trauma intensive, participants
will leave with an improved sense of:**

- *Resolution and progress around traumas identified in the program*
- *Renewed focus on their recovery and personal commitments*
- *Ability to more authentically connect in relationships*
- *Integrity and alignment around core values*
- *Improved more grounded and resilient nervous system*
- *Opportunities for further work on lingering trauma-related issues*





Further transform yourself AND your relationship

By building on the work done in their 14-or-30-day intensives, alumni are able to achieve **accelerated and concrete trauma resolution and relational changes** in this unique blend of the most current, evidence-based trauma modalities including:

- Brainspotting
- Attachment Therapies
- Internal Family Systems
- Psychodrama
- Shame Reduction
- Mind/Body Practices
- Dynamic Group Support
- Narrative therapy

Keep coming back to do the work that works

Through trauma-focused intensives our alumni can continue to engage in the surface-to-depth work that allows for a more profound resolution of old wounds. This work **creates space** to engage in present relationships and opportunities for **authenticity** and **renewed hope**.

Who participates

This intensive is reserved for alumni of **Begin Again Institute**, **Boulder Recovery**, and **Integrative Life Center's** Men's Residential Intimacy Disorders program. We also welcome clients with trauma recovery experience whom our clinical team deems appropriate.

Register before
Sept 2, 2022:
\$5000 (save \$500)

Register after
Sept 2, 2022:
\$5500 (full price)

Reserve your spot today:

Call (720) 575-5662 or email info@beginagaininstitute.com