



MOCKINGBIRD DETOX

MOCKINGBIRD DETOX IS THE LEADING PROVIDER OF DRUG AND ALCOHOL DETOXIFICATION IN THE NASHVILLE AREA

We understand that seeking help for alcohol and drug detox can be overwhelming and intimidating.

Your comfort and safety throughout this process are our priority, and even though we are a medical detox program, you will be cared for in a **home-like setting with your own spacious room**. Each client is unique, and our experienced medical staff will provide a thorough evaluation to determine the best plan for every individual upon entry to our program.

Throughout the detox process, our expert staff will continuously **monitor your progress** to **maximize your comfort**. Our team will work with each client and their support system to determine a plan for the next best steps on your path to addiction recovery. Our team will guide you through the entire process, from the first phone call to the admissions process until you step foot in our facility. We are here to provide **expertise to individuals and families through best-in-class detox** and to **provide access to a network of the country's best treatment options**.

Frequently Asked Questions:

Do you take insurance?

Yes, we work with most insurance plans on an out-of-network basis.

What conditions do you treat?

We provide a safe and secure environment for our patients to detox from alcohol and drug abuse.


What are the accommodations?

We have single bedrooms with TVs in each room as well as nurses and technicians on site 24/7.

Where are you located?

Our campus is in a quiet, residential area in South Nashville.

Get in Touch:

 (615)988-7032

Our 3-Step Approach:



Intake

The first step on the road to recovery is to simply call or email us to get started. One of our highly trained admissions professionals will listen to your story, gather the necessary information and treatment history, and help determine the course of action that will be best for your situation.



Evaluate

Once admitted into the detox program, the next step is to be evaluated by a medical professional. Our team has years of experience in detox and addiction treatment. The Evaluation phase is vital for the safety of the patient.



Stabilize

After the patient has been evaluated, the stabilization phase begins. This is the bulk of the detox timeline, where the patient is taken through the withdrawals they are feeling and brought to a place of comfort without drugs or alcohol in their system. This phase also requires the supervisor of a trained professional and can last anywhere from a few days up to a week.