



# INTEGRATIVE LIFE NETWORK



## INTEGRATIVE LIFE CENTER

*Nashville, Tennessee*

Integrative Life Center (ILC) is an intimate, privately owned treatment center dually licensed to treat men and women 18 years and older struggling with mental health and addictive disorders. ILC Nashville offers a full continuum of care from Residential through Intensive Outpatient (IOP), including a dedicated Men's Residential Intimacy Disorders Program and Women's Residential Eating Disorders Program.

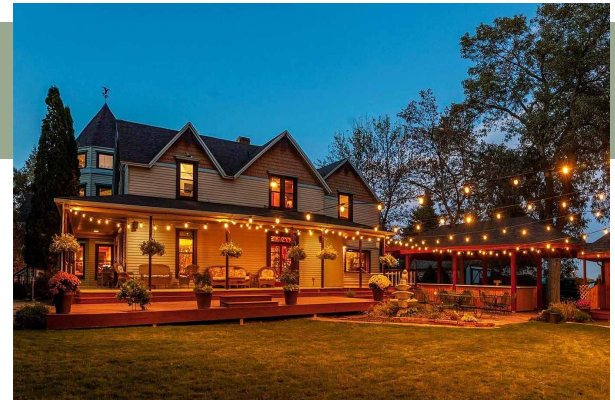
***Integrative Life Center Provides Treatment for: Mood Disorders, Anxiety Disorders, Intimacy Disorders, Attachment Disorders, Trauma, Disordered Eating, Sexual Addiction, Substance Use Disorder***

## BEGIN AGAIN INSTITUTE

*Boulder, Colorado*

Begin Again Institute (BAI) offers specialized, trauma-focused intensives (3-day, and 14-day), as well as disclosure coaching, for men ages 25 and older struggling with sexual addiction, porn addiction, and intimacy disorders. BAI offers a neurobiological approach to treating trauma and attachment wounding that has resulted in destructive and addictive behaviors. All intensives at BAI include a virtual, psychoeducational Partner Support Program at no additional cost to admission.

***Begin Again Institute Provides Treatment for: Sexual Addiction, Pornography Addiction, Intimacy Disorders, Attachment Disorders, Trauma, Sexual Compulsivity, Love Addiction, Infidelity, Partner Betrayal Trauma***



## BOULDER RECOVERY

*Boulder, Colorado*

Boulder Recovery (BR) is a faith-based 14-day intensive for Christian men who are struggling with problematic sexual behavior. This program uses a neurobiological approach combined with a faith-based curriculum to help participants understand and heal their sexual addiction. It includes a Partner Support Program that runs simultaneously alongside the men's intensive at no additional cost.

***Boulder Recovery Provides Treatment for: Sexual Addiction, Pornography Addiction, Intimacy Disorders, Attachment Disorders, Trauma, Sexual Compulsivity, Love Addiction, Infidelity, Partner Betrayal Trauma***



## INTEGRATIVE NEUROLIFE CENTER

*Nashville, Tennessee*

Integrative NeuroLife Center (INC) treats patients with a current diagnosis of Major Depressive Disorder, moderate to severe, without psychotic features who fall within the age range of 18-65. TMS therapy at INC is non-invasive and allows patients to resume daily activities immediately following treatment sessions. It is also free from systemic side effects often associated with antidepressant medications. INC accepts

clients within the continuum of Integrative Life Center's mental health and substance use treatment programs as well as external referrals in the Nashville area. Soon, INC will be in-network with major insurance providers.

## SHADOW MOUNTAIN

*Santa Fe, New Mexico*

Shadow Mountain recovery centers are places of healing and building. We provide a place to have those difficult, but necessary, conversations that are essential to lasting change. We provide safe, effective treatment solutions for those struggling with addiction, prescription pill dependency, and substance abuse; with and without co-occurring mental health disorders. Interaction with our clients and their families is at the core of everything we do. Our team of clinical professionals evaluates clients' individual needs and recommends appropriate treatment plans while facilitating program selection and effective aftercare decisions.



## SANA AT STOWE

*Stowe, Vermont*

Sana at Stowe is a premier medically-supervised withdrawal treatment facility in Vermont helping patients with substance use disorders find the strength to heal. We offer medication-assisted treatment and trauma-informed care that integrates elements of Acceptance and Commitment Therapy (ACT) with the tenets of Nonviolent Communication in a Motivational Enhancement (ME) framework. At Sana, we believe that recovery is a process,

and we continue to offer coordination of care and support after an individual leaves our facility. Our focus is on creating a foundation for recovery and restoring quality of life.

Integrative Life Network is the premier family of treatment centers for trauma, mental health, substance use and intimacy disorders. The thread that weaves us together is heart-centered, whole-person healing.

We believe a person is not defined by past traumas or behaviors and lasting recovery is available to anyone who walks through our doors.

**For more information about our programs and services:**

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